**What Is Bisexuality?**

*Bisexual* is “an umbrella term for people who experience sexual and/or emotional attraction to more than one gender (pansexual, fluid, omnisexual, queer, etc.)” (TSER, 2017).

When specifically discussing romantic orientation, some people might use the term *biromantic*. Biromantic is a type of romantic orientation in which a person is emotionally and romantically attracted to people of multiple genders.

Sometimes these terms are shortened to “bi.”

**What Is Pansexuality?**

*Pansexual* is a term used to describe “a person who has the potential to be attracted to all or many gender identities and expressions” (Williams, 2017). The prefix *pan-* means “all” in Greek; however a person who is pansexual may be attracted to many but not all genders.

When specifically discussing romantic orientation, some people might use the term *panromantic*. Panromantic describes someone “who has romantic feelings for a person regardless of their sex or gender” (Williams, 2017). The prefix *pan-* means “all” in Greek; however a person who is panromantic may be romantically attracted to many but not all genders.

Sometimes these terms are shortened to “pan.”

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*Looking for more information about bi and pan identity?*

**Articles**

“Bisexual” – The Trevor Project


“13 Lies We Have to Stop Telling About Bisexual People” – Eliel Cruz

“8 Questions to Stop Asking Bisexual People” – Elena Novak

“Being Black and Bisexual Comes with Extra Obstacles – But They Can Also Be Overcome” – Crystal Fleming

“Invisible Majority: The Disparities Facing Bisexual People and How To Remedy Them” – Movement, Advancement, Project (MAP)

“How To Be An Ally To Bisexual People” – Bi Resource Center

**Videos**

“Bi YouTubers (Who Caption!) #BiWeek [CC]” – Annie Elainey
Books


Other Resources

- Bisexual Resource Center: [https://biresource.org/](https://biresource.org/)

Organizations

**On Campus**

**LGBTQA+ Support Group**
When: Tuesdays from 4-5:30 pm  
Where: SUMC 412  
Free and confidential  
For more information, contact Martie van der Voort at mvanderv@email.arizona.edu or 621-3334.

**Tucson**

**Thornhill Lopez Center on Fourth**
[https://www.lgbtcenters.org/LGBTCenters/Center/6882/Thornhill-Lopez-Center-on-4th](https://www.lgbtcenters.org/LGBTCenters/Center/6882/Thornhill-Lopez-Center-on-4th)