

Transgender Resource Guide

Content Warning: Some of the following resources contain discussions of anti-trans violence; incarceration and policing; homelessness; genitals and anatomy; mentions of depression and suicide; mentions of gender dysphoria.

What Is Transgender?

Transgender (trans) is “an umbrella term for people whose gender differs from the sex they were assigned at birth. The term transgender is not indicative of gender expression, sexual orientation, hormonal makeup, physical anatomy, or how one is perceived in daily life” (TSER, 2017). A **trans woman** is a person who was assigned male at birth but who identifies as a woman. A **trans man** is a person who was assigned female at birth but who identifies as a man. Some people do not identify strictly as a woman or a man. These individuals may identify as **non-binary** or **agender**.

Transgender is an adjective, not a noun. In other words, you would not say that someone is “a transgender” (this is derogatory). Instead, you could say that someone is a transgender person. Also note that the word transgender does not have an “-ed” at the end (i.e. you would not say that someone is a “transgendered” person).



Looking for more information about transgender?

Articles

[“So Your Trans Friend Is Transitioning and You Want to Be Supportive – Here Are 6 Ways How”](#)
– Sam Dylan Finch

[“I Think I Might Be Trans: 8 Important Notes On Questioning and 50+ Resources to Get You Started”](#) – Adrian Ballou

[“Transmisogyny 101: What It Is and What We Can Do About It”](#) – Laura Kacere

[“130+ Examples of Cis Privilege in All Areas of Life For You To Reflect On and Address”](#) – Sam Dylan Finch

[“6 Reasons Your Discomfort with They/Them Pronouns Reveals Unchecked Cis Privilege”](#) – Ashley Truong

[“4 Reasons Your ‘Harmless’ Opinions About Trans People Aren’t Actually Harmless”](#) – Robin Tran

[“Do the Work: This is How You Can Support Trans Women of Color Right Now”](#) – Princess Harmony Rodriguez

[“Action Tips for Allies of Trans People”](#) – MIT

[“11 Easy Ways Managers and Employers Can Foster Trans-Inclusive Work Environments”](#) – Adrian Ballou

Videos

[“Trans 101”](#) – Minus18

["Why Pronouns Are Important to Trans People"](#) – Kat Blaque

[“How To Plan Trans-Inclusive Events”](#) – Riley J. Dennis

[“Are Genital Preferences Transphobic?”](#) – Riley J. Dennis

Books

Bornstein, Kate. *Gender Outlaws: The Next Generation*. Seal Press. 2010.

Bornstein, Kate. *My New Gender Workbook: A Step-by-Step Guide To Achieving Peace Through Gender Anarchy and Sex Positivity*. Routledge. 2013.

Feinberg, Leslie. *Stone Butch Blues*. Firebrand Books. 1993.

Mock, Janet. *Redefining Realness: My Path to Womanhood, Identity, Love & So Much More*. Atria Books. 2014.

Spade, Dean. *Normal Life: Administrative Violence, Critical Trans Politics, and the Limits of Law*. South End Press. 2015.

Stanley, Eric, Nat Smith, and CeCe McDonald. *Captive Genders: Trans Embodiments and the Prison Industrial*. AK Press. 2015.

Stryker, Susan. *Transgender History Reader*. Seal Studies, 2008.

Nicolazzo, Z. *Trans* In College: Transgender Students’ Strategies For Navigating Campus Life and the Institutional Politics of Inclusion*. Stylus Publishing. 2016.

Films

[Major!](#) (2015, documentary)

“MAJOR! is a documentary film exploring the life and campaigns of Miss Major Griffin-Gracy, a formerly incarcerated Black transgender elder and activist who has been fighting for the rights of trans women of color for over 40 years. Miss Major is a veteran of the Stonewall Rebellion and a survivor of Attica State Prison, a former sex worker, an elder, and a community leader and human rights activist.”

[Paris Is Burning](#) (1990, documentary)

“A chronicle of New York's drag scene in the 1980s, focusing on balls, voguing and the ambitions and dreams of those who gave the era its warmth and vitality.”

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Films cont.

[Free CeCe](#) (2016, documentary)

"This film confronts the culture of violence surrounding trans women of color. It is told through the voices of Laverne Cox and Cece McDonald."

[Screaming Queens](#) (2005, documentary)

"Documentary about transgender women and drag queens who fought police harassment at Compton's Cafeteria in San Francisco's Tenderloin in 1966, three years before the famous riot at Stonewall Inn bar in NYC."

[Southern Comfort](#) (2001, documentary)

"Southern Comfort documents the final year in the life of Robert Eads, a transgender man. Eads, diagnosed with ovarian cancer, was turned down for treatment by two dozen doctors out of fear that treating such a patient would hurt their reputations. By the time Eads received treatment, the cancer was too advanced to save his life. Filmmaker Kate Davis follows Robert and a group of transgender Southerners in this captivating and truly touching documentary."

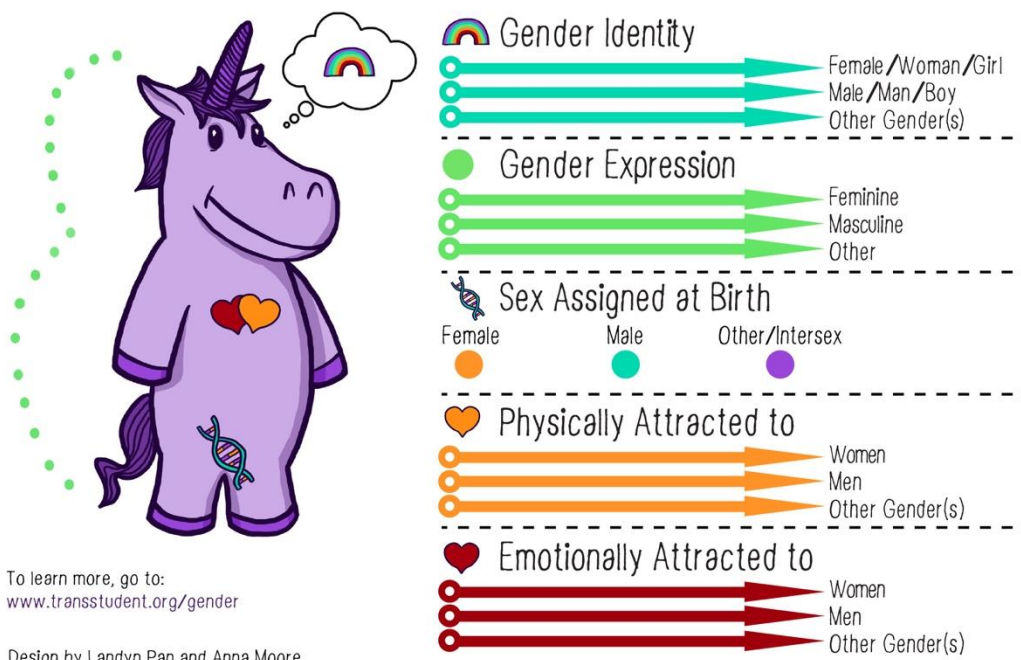
Other Resources

[Practice with Pronouns Interactive Activity](#)

For more information on creating trans-inclusive spaces on campus, check out the lib guide, ["Creating an LGBTQ-Inclusive Classroom"](#)

The Gender Unicorn

Graphic by:
TSER
Trans Student Educational Resources



Organizations

On-Campus

Gender Spectrum Support Group

When: Mondays from 3-4:00 pm

Where: Administrative Conference Room C312, Third Floor Campus Health

Cost: \$5 each week (can be billed to Bursar's.) Please check in at CAPS.

LGBTQA+ Support Group

When: Tuesdays from 4-5:30 pm

Where: SUMC 412

Free and confidential

For more information, contact Martie van der Voort at mvanderv@email.arizona.edu or 621-3334.

UA Queer and Trans People of Color & Two-Spirit Discussion Group

Contact the LGBTQA+ Resource Center for this semester's meeting schedule

Tucson

Southern Arizona Gender Alliance

<http://sagatucson.org/wp/>

Mariposas Sin Fronteras

<https://mariposassinfronteras.org/>

National

National Center for Transgender Equality

<https://transequality.org/>

Trans Student Educational Resources (TSER)

<http://www.transstudent.org/>