Transgender Resource Guide

*What is transgender?*

Transgender (trans) is “an umbrella term for people whose gender differs from the sex they were assigned at birth. The term transgender is not indicative of gender expression, sexual orientation, hormonal makeup, physical anatomy, or how one is perceived in daily life” (TSER, 2017). A trans woman is a person who was assigned male at birth but who identifies as a woman. A trans man is a person who was assigned female at birth but who identifies as a man. Some people do not identify strictly as a woman or a man. These individuals may identify as non-binary or agender.

Transgender is an adjective, not a noun. In other words, you would not say that someone is “a transgender” (this is derogatory). Instead, you could say that someone is a transgender person. Also note that the word transgender does not have an “-ed” at the end (i.e. you would not say that someone is a “transgendered” person).

*Looking for more information or resources about transgender?*

**Content Warning:** Some of the following resources contain discussions of anti-trans violence; incarceration and policing; homelessness; genitals and anatomy; mentions of depression and suicide; mentions of gender dysphoria.

**Videos**

- “Trans 101” – Minus18
  [https://www.youtube.com/watch?v=-3ZzpTxjgRw](https://www.youtube.com/watch?v=-3ZzpTxjgRw)

- "Why Pronouns Are Important to Trans People” – Kat Blaque
  [https://www.youtube.com/watch?v=WXWmv1-4xFg&t=8s](https://www.youtube.com/watch?v=WXWmv1-4xFg&t=8s)

- “How To Plan Trans-Inclusive Events” – Riley J. Dennis
  [https://www.youtube.com/watch?v=1kbmbPNgOCC&list=PLTdBCgZGXdHLjQ-xYXLC-E22Ko3M5_gfW&index=4](https://www.youtube.com/watch?v=1kbmbPNgOCC&list=PLTdBCgZGXdHLjQ-xYXLC-E22Ko3M5_gfW&index=4)

- “Are Genital Preferences Transphobic?” – Riley J. Dennis
  [https://www.youtube.com/watch?v=k5GYlZKfBml](https://www.youtube.com/watch?v=k5GYlZKfBml)

**Articles**

- “So Your Trans Friend Is Transitioning and You Want to Be Supportive – Here Are 6 Ways How” – Sam Dylan Finch
  [https://everydayfeminism.com/2015/06/how-to-be-ally-to-trans-friend/](https://everydayfeminism.com/2015/06/how-to-be-ally-to-trans-friend/)
• “I Think I Might Be Trans: 8 Important Notes On Questioning and 50+ Resources to Get You Started” – Adrian Ballou
  https://everydayfeminism.com/2015/03/i-think-i-might-be-trans/

• “Transmisogyny 101: What It Is and What We Can Do About It” – Laura Kacere
  https://everydayfeminism.com/2014/01/transmisogyny/

• “130+ Examples of Cis Privilege in All Areas of Life For You To Reflect On and Address” – Sam Dylan Finch
  https://everydayfeminism.com/2016/02/130-examples-cis-privilege/

• “6 Reasons Your Discomfort with They/Them Pronouns Reveals Unchecked Cis Privilege” – Ashley Truong
  https://everydayfeminism.com/2015/12/they-pronouns-cis-privilege/

• “4 Reasons Your ‘Harmless’ Opinions About Trans People Aren’t Actually Harmless” – Robin Tran
  https://everydayfeminism.com/2016/06/opinions-on-trans-ppl-not-harmless/

• “Do the Work: This is How You Can Support Trans Women of Color Right Now” – Princess Harmony Rodriguez
  https://www.bgdblog.org/2015/05/do-the-work-this-is-how-you-can-support-trans-women-of-color-right-now/

• “Action Tips for Allies of Trans People” – MIT
  http://www.teni.ie/attachments/0356681d-ece3-41d0-8d11-69fdbb290caa.PDF

• “11 Easy Ways Managers and Employers Can Foster Trans-Inclusive Work Environments” – Adrian Ballou
  https://everydayfeminism.com/2015/12/trans-inclusive-work-places/

**Infographics**

• “Pronouns” – TSER
  http://www.transstudent.org/pronouns101

• “Gender Grammar” – TSER
  http://www.transstudent.org/gendergrammar

• “5 Things You Should Know About Trans People”
  http://www.transstudent.org/5transfacts
• “The Myth of Trans Regrets”
http://www.transstudent.org/transregrets

• “Why Trans People Need More Visibility” – TSER
http://www.transstudent.org/transvisibility

• “Immigration and Transgender People in the United States"
http://www.transstudent.org/transimmigration

• “Support Trans Youth” – TSER
http://www.transstudent.org/youthsupport

Films

• Major! (2015, documentary)
"MAJOR! is a documentary film exploring the life and campaigns of Miss Major Griffin-Gracy, a formerly incarcerated Black transgender elder and activist who has been fighting for the rights of trans women of color for over 40 years. Miss Major is a veteran of the Stonewall Rebellion and a survivor of Attica State Prison, a former sex worker, an elder, and a community leader and human rights activist."
http://www.imdb.com/title/tt5065142/

• Paris Is Burning (1990, documentary)
“A chronicle of New York's drag scene in the 1980s, focusing on balls, voguing and the ambitions and dreams of those who gave the era its warmth and vitality.”
http://www.imdb.com/title/tt0100332/

• Free CeCe (2016, documentary)
“This film confronts the culture of violence surrounding trans women of color. It is told through the voices of Laverne Cox and Cece McDonald.”
http://www.imdb.com/title/tt3678476/

• Screaming Queens (2005, documentary)
“Documentary about transgender women and drag queens who fought police harassment at Compton's Cafeteria in San Francisco's Tenderloin in 1966, three years before the famous riot at Stonewall Inn bar in NYC.”
http://www.imdb.com/title/tt0464189/

• Southern Comfort (2001, documentary)
“Southern Comfort documents the final year in the life of Robert Eads, a transgender man. Eads, diagnosed with ovarian cancer, was turned down for treatment by two dozen doctors out of fear that treating such a patient would hurt their reputations. By the time Eads received treatment, the cancer was too advanced to save his life. Filmmaker Kate
Davis follows Robert and a group of transgender Southerners in this captivating and truly touching documentary.

http://www.imdb.com/title/tt0276515/plotsummary?ref_=tt_ov_pl

Books


Other Resources

- Practice with Pronouns Interactive Activity
  https://www.practicewithpronouns.com/#/?_k=6h2c6l

Organizations

On-Campus

- Gender Spectrum Support Group
  When: Mondays from 3-4:00pm
  Where: Administrative Conference Room C312, Third Floor Campus Health
  Cost: $5 each week (can be billed to Bursar's.) Please check in at CAPS.

Tucson

- Southern Arizona Gender Alliance  http://sagatucson.org/wp/
For more information on creating trans-inclusive spaces on campus, check out the lib guide, “Creating an LGBTQ-Inclusive Classroom: http://libguides.library.arizona.edu/lgbtqclassroom